## DOS AND DONTS AT A JOB **INTERVIEW**



## TO DO AT A JOB WHAT INTERVIEW:

- 4 Research the company and the position you're applying for.
- 4 Dress appropriately for the job you want, be neatly groomed and dress conservatively.
- 4 Offer a firm handshake and make eye-contact when meeting someone.
- 4 Maintain good eye-contact during the interview.
- 4 Sit properly by keeping your knees together, your back straight and your hands relaxed.
- 4 Be polite, kind and wellmannered.
- Promote your achievements and
- 4 Give detailed answers to questions with examples. Explain how you would go about tackling the assignments and challenges of the position.
- Have an opinion when asked.
- Prepare to answer questions about your salary requirements.
- Be honest and genuine.
- ♣ Ask intelligent questions about the job, company, or industry. It

- pays to prepare a few before the interview.
- Stay calm and feel confident.

## WHAT NOT TO DO AT A JOB INTERVIEW:

- ♣ Dress too casually, too flamboyantly or in revealing clothing.
- 4 Arrive smelling. (too much perfume, cigarette smoke etc.)
- 4 Be late to your interview if you can possibly avoid it.
- Be stressed.
- Tell jokes.
- Be aggressive.
- self-aggrading, insinuating that are perfect and have zero flaws.
- Speak negatively about your current or former company, boss, or coworkers.
- Lie.
- ♣ Offer up any negative information about yourself if not asked.
- Be afraid to ask for clarification if you do not understand a question.

- 4 Give short answers, like "yes"
- Bring up personal or family problems.
- 4 Ask personal questions of your
- 4 Answer your cell-phone or interviewer.
- check messages. Raise your voice.
- 4 Act as you are desperate and would take any job.
- Sit improperly.
- 4 Do gestures which show that you are stressed or unprepared.
- 4 Indicate that you are only interested in the job because of the salary, benefits, geographic location. Do not indicate that you intend the job to be a "stepping stone" to something else.
- 4 Mumble.